

Impact on work Example 2: Part-time financial adviser

1. Does your joint limit the time you spend doing your work or your ability to do your usual work?
NOTES: I have cut down my hours because of the problems I am having with my hip. I work part-time usually but have now dropped one of my days
2. Does your joint make it difficult for you to get around your place of work?
NOTES: I work on the first floor of the building and usually use the stairs but when I'm having a bad day I am allowed to use the goods lift. Once in my office I am the level so it doesn't present too many problems
3. Does your joint make it difficult to do specific tasks or activities in your place of work?
NOTES: Most of my day is spend sitting at a desk. I find that if I sit too long my leg seizes up, so I have to get up frequently to stretch my legs
4. Does your joint affect the way you feel at work?
NOTES: My colleagues are very supportive but I do sometimes feel guilty about the concessions that are made for me because of my hip
5. Does the treatment you are receiving for your joint e.g. painkillers, physiotherapy, affect your ability to work?
NOTES: I usually feel bad after I have done my physio so I try to make my appointments on the days I am not working
6. Does your joint make it difficult for you to concentrate and make decisions at work?
NOTES: As long as I keep getting up and stretching my leg I am able to concentrate and make decisions pretty well
7. Are there any 'essential' tasks that you need to be able to do in your place of work that you cannot do because of your joint?
NOTES: I should be going out to see clients as part of my job. With my hip being so bad this has been taken over by a colleague because of the travelling and walking involved. I get a lift to work and do not drive just now
8. Are there any tasks that you feel are unsafe because of your joint?
NOTES: I am struggling with driving so am relying on my husband for this