

Impact on work Example 4: Farmer

1. Does your joint limit the time you spend doing your work or your ability to do your usual work?
NOTES: I am self-employed but have had to pass a lot of my work onto other family members in the business. The work is very physical and I am limited in what I can do
2. Does your joint make it difficult for you to get around your place of work?
NOTES: I have to walk across rough ground as I spend most of my time outside. I try to get around using an all-terrain vehicle as I can't really walk very well just now.
3. Does your joint make it difficult to do specific tasks or activities in your place of work?
NOTES: It has affected most of the jobs I do on a day to day basis. I used to look after my sheep on my own but my son now has to help with the heavier jobs. I also used to repair the dry stone walls on the farm but am no longer able to do this.
4. Does your joint affect the way you feel at work?
NOTES: I get very frustrated that I can't do everything that I used to do. I'm not someone who asks for help but have had to recently because of the pain and discomfort in my hip
5. Does the treatment you are receiving for your joint e.g. painkillers, physiotherapy, affect your ability to work?
NOTES: I am not having any treatment and refuse to take painkillers as it isn't something I do. I struggle on.
6. Does your joint make it difficult for you to concentrate and make decisions at work?
NOTES: No I don't think so. I'm probably a little more short-tempered though!
7. Are there any 'essential' tasks that you need to be able to do in your place of work that you cannot do because of your joint?
NOTES: I need to be able to give round the clock care for my sheep but I can't do anything involving manual handling
8. Are there any tasks that you feel are unsafe because of your joint?
NOTES: I feel unsafe handling livestock which is why I am not doing it just now