

Impact on work Example 5: Prison officer

1. Does your joint limit the time you spend doing your work or your ability to do your usual work?
NOTES: I am still doing the same hours but am unable to do some jobs
2. Does your joint make it difficult for you to get around your place of work?
NOTES: I need to walk fairly long distances. I have to pace myself. I also find it difficult driving into work as I have to stop part way because of the pain and discomfort
3. Does your joint make it difficult to do specific tasks or activities in your place of work?
NOTES: A big part of my job is restraining prisoners. I am unable to go down to the floor and kneel, then get up again because of the pain and discomfort in my knee.
4. Does your joint affect the way you feel at work?
NOTES: Not the joint itself, but I do worry about the possibility of being made redundant due to me being unable to do my full role. There are no alternative roles for me so I worry about being laid off.
5. Does the treatment you are receiving for your joint e.g. painkillers, physiotherapy, affect your ability to work?
NOTES: I am not receiving any other treatment at present, although I do use the gym at work at lunchtimes. It makes me tired but I think it helps my knee
6. Does your joint make it difficult for you to concentrate and make decisions at work?
NOTES: I don't think it does, although the painkillers might do if I took them as they are very strong
7. Are there any 'essential' tasks that you need to be able to do in your place of work that you cannot do because of your joint?
NOTES: Physical restraint is an essential part of my job but at the moment I can't do this
8. Are there any tasks that you feel are unsafe because of your joint?
NOTES: I would be unsafe if I had to restrain a prisoner