

Impact on work Example 6: Voluntary lay preacher

1. Does your joint limit the time you spend doing your work or your ability to do your usual work?
NOTES: I am unable to do my usual work due to my hip pain. I am probably only doing half of my usual role.
2. Does your joint make it difficult for you to get around your place of work?
NOTES: As I visit people in their own homes, this can be a problem if it involves stairs or walking over uneven ground. I am also unable to walk any distance, and as I am not driving at the moment, I have to rely on public transport or lifts from other volunteers which is often difficult.
3. Does your joint make it difficult to do specific tasks or activities in your place of work?
NOTES: I can't walk any distance which is important when visiting people at home. I am also unable to kneel properly which is also something that I do as part of my job.
4. Does your joint affect the way you feel at work?
NOTES: I have had joint pain for a very long time and have managed. Unfortunately it is now affecting my daily routine which can get me down. However, I try to remain positive and contribute as much as I can.
5. Does the treatment you are receiving for your joint e.g. painkillers, physiotherapy, affect your ability to work?
NOTES: I take painkillers but they don't affect my work. I go to an exercise class which I fit in around my voluntary work.
6. Does your joint make it difficult for you to concentrate and make decisions at work?
NOTES: Although I suffer quite a bit with the pain, I don't let it affect my work. If I was feeling like it was going to impact on what I was doing I would ask someone to take over.
7. Are there any 'essential' tasks that you need to be able to do in your place of work that you cannot do because of your joint?
NOTES: I really need to be able to drive to get around but am not able to just now because my hip is painful and stiff.
8. Are there any tasks that you feel are unsafe because of your joint?
NOTES: I feel unable to drive safely. I would never do anything which I thought I was unsafe doing. As I'm voluntary, I have the choice.